



# SAFETY TALK

## Workplace impairment

Workplace impairment means being unfit to work safely. People who are impaired can injure themselves or others.

### What's the danger?

Impairment can have many causes, with the most common being the use of:

- Alcohol
- Recreational marijuana
- Illegal drugs
- Prescription drugs for medical conditions
- Over-the-counter medications

Impairment puts a worker or co-worker at risk of injury through:

- Impaired judgment, thinking and decision making
- Decreased motor coordination, reaction time and sensory perception
- Psychological or stress-related effects, such as mood swings or personality changes

### Responsibilities

Workers:

- Make sure that your ability to work safely is not impaired by alcohol, drugs or other causes
- Do not work if you are impaired and cannot work safely
- Tell your supervisor or employer if your ability to work safely is impaired for any reason
- Tell your supervisor or employer if you see someone who appears to be impaired

Employers:

- Prevent a worker who appears impaired from working when anyone's safety may be at risk
- Refuse to allow a worker to remain at any workplace while the impairment affects the ability to work safely

Print and review this talk with your staff, sign off and file for COR™ / SECOR audit purposes.

Date: \_\_\_\_\_

Performed by: \_\_\_\_\_

Supervisor: \_\_\_\_\_

Location: \_\_\_\_\_

Concerns:

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Corrective Actions:

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Employee Name:

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Employee Signature:

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