

# WORKSAFELY MHCA SAFETY TALK

## Winter Road Hazards

Winter weather can be unpredictable and dangerous. Getting caught in Manitoba winter storms can be downright deadly if you aren't prepared.

### What's the danger?

Driving when the temperature turns frigid and snow and ice make roads treacherous can leave you spinning out of control and into oncoming traffic.

Slick and impassable roads, and decreased visibility, can lead you stranded, scared and with no idea when help might arrive.

Cold temperatures can quickly lead to frostbite, hypothermia and death if you are not prepared.

#### How to protect yourself

Knowing how to safely drive in winter weather is the best way to protect yourself during winter driving.

• Make sure your vehicle is in peak operating condition

- Watch the weather. Delay travel when bad weather is expected and if you must leave, let others know your route, destination and estimated time of arrival
- Use your seat belt every time you get into your vehicle
- Accelerate and decelerate slowly
- Drive slowly and increase your following distance to at least 8 seconds when road and weather conditions are bad
- Do not use cruise control in snowy, icy weather
- If you do start to skid or slide always look and steer in the direction you want the front of your vehicle to go

### What would you do?

You have a two-hour drive ahead of you for a work obligation. The forecast is calling for blizzard conditions later in the day. What is your work policy for winter driving?

Location:
Corrective Actions:
Employee Signature:
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