



SAFETY TALK

Respirators - fit

With respirators, one size does not fit all. If a respirator doesn't fit right, it can't protect you.

What's the danger?

Even when a respirator fits properly, it can get bumped out of position while you are working, causing dangerous leaks.

Facial hair can also cause leakage and reduce protection.

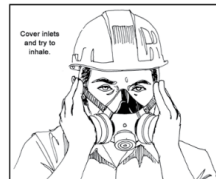
Respirators and cartridges must be appropriate for the hazardous substances in the air.

How to protect yourself

- You must be adequately trained by a competent person in the proper fit, testing, maintenance, use and cleaning of the equipment
- Ensure you are clean shaven to get the best possible seal
- Test the fit every time you put the respirator on and throughout your shift

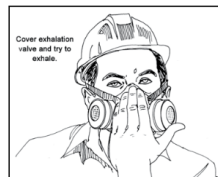
Negative-pressure seal check:

- adjust face piece to fit comfortably – snug but not overly tight
- block air inlets – usually the filter openings on the sides
- try to breathe in
- if there are no leaks, the face piece should collapse slightly and stay like that for 10 seconds while you hold your breath



Positive-pressure seal check:

- adjust face piece to fit comfortably – snug but not overly tight
- block exhalation valve – usually on the bottom of respirator
- try to breathe out
- the face piece should puff slightly away from your face and stay like that for 10 seconds while you hold your breath



Print and review this talk with your staff, sign off and file for COR™ / SECOR audit purposes.

Date: _____

Performed by: _____

Concerns:

Employee Name:

Supervisor: _____

Location: _____

Corrective Actions:

Employee Signature:

