



SAFETY TALK

Eye protection

Each year hundreds of Manitoba construction workers suffer the effects of an eye injury on the job. In the summer months injuries such as irritation from dust and sun exposure become more frequent.

What's the danger?

Some of the most common eye hazards are:

- Flying particles and debris – dust, concrete, metal, wood and stone
- Welding arcs
- Splash from chemicals
- Environmental elements – wind and sun

How to protect yourself

Safety eyewear is an essential piece of personal protective equipment. **When selecting suitable eye protection, consider the following:**

- Specific workplace hazards
- Fit and comfort
- Vision and movement

Types of eye protection:

- **Safety glasses** – eyeglasses with safety frames constructed of metal or plastic and have impact-resistant lenses
- **Goggles** – provide higher impact, dust and chemical splash protection as they fit snugly around the eyes
- **Face shields and helmets** – considered secondary protectors as they are used in conjunction with other protective eyewear to provide additional full face protection
- **Welding goggles** – prevent exposure to harmful light rays

We only have one pair of eyes and it is important to protect them. Make a point to wear your safety glasses as soon as you set foot on the jobsite.

Print and review this talk with your staff, sign off and file for COR™ / SECOR audit purposes.

Date: _____

Performed by: _____

Supervisor: _____

Location: _____

Concerns:

Employee Name:

Corrective Actions:

Employee Signature:
